



# Spa Ritual Info & Consent

## Appointments + Etiquette

Please arrive 5 minutes prior to your appointment time, so you can get settled and enjoy a fresh cup of herbal tea or water and a warm aromatherapy mineral foot soak. If you are late, your appointment will still end at the scheduled time, as to accommodate our other guests. Our practitioners would like you to get the full benefit of your appointment, so please do arrive on time. Sessions begin and end at scheduled times. Payment is expected at the time service is rendered.

Please turn off cell phones, pagers, and watch alarms. We would like you to enjoy the moment, as well as not disturb other guests. Please be clean, having showered the same day as your session. Do not eat a heavy meal less than two hours prior to the session and be present (not under the influence of drugs nor alcohol).

## Cancellations

If you need to cancel or reschedule an appointment, please allow us a **minimum of 24 hours notice** so we are able to rebook the space for someone else. **If you cancel late, we have a \$10 cancellation fee.** Our “no show” policy is that we charge for the full session price. Emergency cancellations are determined at the practitioner’s discretion. If we need to reschedule, we will do so within 24 hours whenever possible. If an emergency arises and we cannot keep an appointment, we provide a 50% discount with your next session.

## Unforeseen Risks

Although risk of harm or complication from use of the infrared sauna and outdoor hot tub is unlikely there are some things to be aware of. There is a possibility of burns resulting from direct contact with the infrared panels; as well as contraindications of hyperthermia with certain medical conditions. It is not possible to anticipate or explain all risks and complications that may occur during or after a session. All staff and practitioners at Solace Organic Spa will exercise judgment based upon their determination of your best interests. **If at any point during the session you experience dizziness, shortness of breath, or extremely elevated heart rate, stop treatment immediately.**

**PERSONS WITH ANY MEDICAL CONCERNS/CONDITIONS SHOULD CONSULT A PHYSICIAN PRIOR TO USE OF THE INFRARED SAUNA AND/OR HOT TUB. INFRARED SAUNA AND HOT TUB IS CONTRAINDICATED FOR PREGNANT WOMEN AND INDIVIDUALS RECEIVING RADIATION THERAPY. YOU TAKE RESPONSIBILITY TO WALK TO AND FROM THE SAUNA AND HOT TUB ON THE OUTDOOR STAIRS AND TRAIL AT 103 PARK DRIVE AT YOU OWN RISK.**

I hereby request and consent to use of the Infrared Sauna and Hot Tub at Solace Organic Spa. I understand that I am free to withdraw my consent and that I may stop treatment at any time. I understand that my signature in this form indicates that I have read and understand the preceding information regarding this treatment. I understand that if I have any medical concerns, I should consult a physician prior to using the Infrared Sauna or Hot Tub.

I hereby release Solace Organic Spa from any and all liability that may occur in connection with the above – mentioned procedures, except for failure to operate the Sauna or Hot Tub with appropriate care. I also agree to pay the \$10 cancellation fee in the event of an appointment missed without notice or when less than 24 hours notice is given.

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please print full name

\_\_\_\_\_

signature

\_\_\_\_\_

phone number

\_\_\_\_\_

email address subscribe to our mailing list

\_\_\_\_\_

date

\_\_\_\_\_

mailing address

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how did you hear about us?